		BE VIBRANT. BE YOU.			Solstice Senior Living at Sandy		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
SOLSTICE SENIOR LIVING AT SANDY	310 10600 South Sandy, UT 84070 801-944-0082	Location Keys Activities Room AR Atrium AT Library LIB Meet in Lobby for Bus BUS Second Floor Chapel Room CH TV Room TVR	New Year's Day 9:15 Morning Warm-up Stretching [AR] 9:30 Bank & Walmart Trip [BUS] 2:00 Craft Class [AR] 3:15 Bean Bag Baseball [AT] 6:45 Game Night [AR]	9:15 ♥ Morning Warm-up Stretching [AR] 9:30 ₺ Dollar Store & Smiths Trip [BUS] 10:00 ★ Bible Study [CH] 1:45 ❤ Bridge Game Group [LIB] 6:45 ❤ Rummikub [AR]	9:15 Morning Warm-up Stretching [AR] 11:15 Bowling with Emma [AR] 2:00 Bingo [AR] 3:15 Bean Bag Baseball [AT] 3:15 Color me Calm [AR] 6:45 Movie Night [TVR]	10:15 Brain Games [AR] 11:00 Jeopardy with Taylor 1:30 Dominoes [AR] 3:00 Balloon Volleyball [AT] 6:45 Rummikub [AR]	
9:30 ★ LDS Morning Service [CH] 10:30 ★ LDS Sacrament Meeting [CH] 2:00 譽 Movie Matinee [TVR] 3:00 ❤ Sunday Sundaes [AR] 3:30 ❤ Games w/ Taylor [AR] 6:45 ❤ Family Night - CARDS & PUZZLES [TVR]	9:15 Morning Warm-up Stretching [AR] 11:00 Hearing & Memory Screening 11:30 Brain Games [AT] 2:00 Hearts - Card Playing Group [LIB] 2:30 Pinochle Game [TVR] 3:00 Departy with Taylor [AR] 6:45 Spiritual Evening [CH]	9:00 Doctor Apptmts [BUS] 9:15 Morning Warm-up [AR] 10:00 PYou Be the Judge -Ed Opel [TVR] 11:00 Mini Manicures [AR] 2:00 PBingo [AR] 4:00 Poetry & Prose [AT] 6:45 Rummikub [AR]	9:15 Morning Warm-up Stretching [AR] 9:30 Bank & Walmart Trip [BUS] 11:00 Craft Class [AR] 1:30 Jordan River Temple [BUS] 3:15 Pean Bag Baseball [AT] 6:45 Game Night [AR]	9:15 ♥ Morning Warm-up Stretching [AR] 9:30 ₺ Dollar Store & Smiths Trip [BUS] 10:00 ★ Bible Study [CH] 1:45 ❤ Bridge Game Group [LIB] 3:00 ★ Virtual Reality Experience Activity [AR] 6:45 ❤ Rummikub [AR]	9:15 Morning Warm-up Stretching [AR] 11:00 MedSource (New Motion) Fix It Clinic [AR] 11:15 Bowling with Emma [AR] 2:00 Bingo [AR] 3:15 Bean Bag Baseball [AT] 3:15 Color me Calm [AR] 6:45 Movie Night [TVR]	10:15 PBrain Games [AR] 11:00 ★ Terry Spencer Entertainment [AT] 1:30 ♥ Dominoes [AR] 3:00 ♥ Balloon Volleyball [AT] 6:45 ₩ Rummikub [AR]	
9:30 ★ LDS Morning Service [CH] 10:30 ★ LDS Sacrament Meeting [CH] 2:00 巻 Movie Matinee [TVR] 3:00 ❤ Sunday Sundaes [AR] 3:30 ❤ Games w/ Taylor [AR] 6:45 ❤ Family Night - CARDS & PUZZLES [TVR]	9:15 → Morning Warm-up Stretching [AR] 10:00 → Harmony Blood Pressure Clinic [AR] 10:30 ★ Bible Study [CH] 11:30 → Brain Games [AT] 2:00 → Hearts - Card Playing Group [LIB] 2:30 → Pinochle Game [TVR] 3:00 → Jeopardy with Taylor [AR] 6:45 ★ Spiritual Evening [CH]	9:00 Doctor Apptmts [BUS] 9:15 Morning Warm-up [AR] 10:00 P You Be the Judge -Ed Opel [TVR] 11:00 Mini Manicures [AR] 2:00 P Bingo [AR] 4:00 Poetry & Prose [AT] 6:45 Rummikub [AR]	9:15 Morning Warm-up Stretching [AR] 9:30 Bank & Walmart Trip [BUS] 11:00 Craft Class [AR] 3:15 Bean Bag Baseball [AT] 6:45 Game Night [AR]	9:15 → Morning Warm-up Stretching [AR] 9:30 Dollar Store & Smiths Trip [BUS] 11:30 Guitar w/ B.D. Howes [AT] 1:45 Bridge Game Group [LIB] 2:00 Chef Talk [AR] 4:00 Town Hall 6:45 Rummikub [AR]	9:15 Morning Warm-up Stretching [AR] 11:15 Bowling with Emma [AR] 2:00 Bingo [AR] 3:15 Bean Bag Baseball [AT] 3:15 Color me Calm [AR] 6:45 Movie Night [TVR]	10:15 Parain Games [AR] 11:30 Activity Planning Meeting 1:30 Dominoes [AR] 3:00 Balloon Volleyball [AT] 6:45 Rummikub [AR]	
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